



CHRISTIAN CARE AND COUNSEL

A CERTIFICATE PROGRAM

Presented by: Dr. Beverly K. Yahnke
Featuring Special Guest Speaker: Dr. Gregory Schulz
Sponsored by: The Lutheran Foundation

Course Description

This course provides those working with parishioners and Christian day school communities an opportunity to increase their understanding of, and to enhance their Christian response to the emotional, familial and spiritual challenges that are common to so many entrusted to their care. The class will also examine helping skills and interpersonal competencies that can enhance one's ability to respond effectively to individual's affective needs. The course provides a practical integration of helping models and resources offered from the fields of counseling and theology.

Who Should Enroll?

This program is intended for Lutheran school teachers and administrators, DCEs, deaconesses, parish nurses, youth group leaders, family life ministers, Sunday School superintendents and teachers, and other church workers/educators who work with youth and their families.

Course Instructor

Dr. Beverly Yahnke, Executive Director for Christian Counsel at DOXOLOGY, Milwaukee

Location of Course

On the beautiful campus of Concordia Theological Seminary, 6600 N. Clinton Street, Fort Wayne, Indiana 46825

Dates of Course

July 6-9, 2021. This is an intensive skills-building class that requires four instructional days.

Continuing Education Units Available

2.4 Continuing Education Units (CEUs) through Concordia Theological Seminary Ft. Wayne will be available to those who complete the course. Participants can request CEUs when they register for the course online. An additional \$10 fee for the CEU certificate from CTSFW will be due upon registration online.

Cost

We are pleased to offer a special rate of \$250/person. This fee includes the cost of the course, light refreshments, and lunch in the campus cafeteria daily. An additional \$10 fee is required for those needing continuing education credits through CTSFW and is due upon registration.

Preliminary Course Objectives

By the end of the course, participants will be able to:

1. Identify and respond in educationally, interpersonally, and spiritually healthy ways to children with characteristics of emotional, familial or spiritual distress across the developmental range, so as to sensitize teaching and classroom management choices for children with these affective needs.
2. Provide emotional and spiritual support based on a child's need and then develop goal-focused intervention strategies that may be communicated to the parent and/or referral resources, as may be appropriate.
3. Connect parents and the school community with appropriate resources regarding healthy ways to respond to the specific emotional, familial, and spiritual challenges confronting many children in these days.
4. Evaluate their personal well-being as it relates to compassion fatigue and burnout, and apply strategies that bolster resilience for better overall health and effectiveness in the workplace.
5. Apply best practices in conflict resolution to enhance their relationships with colleagues, parents, and students.

Daily Schedule

Tuesday, July 6

8:30-9:25	Introductions/Meeting and Greeting/Current Needs for Care and Concern
9:35-10:25	Morning Worship/Kramer Chapel and Break
10:30-11:30	Mental Health and the Church
11:30-12:15	Lunch
12:15-1:15	Secular vs. Christian Perspectives on Mental Health/Well-Being
1:15-1:30	Break
1:30-2:30	Table Talk and Q/A Time
2:30-2:45	Afternoon Prayer

Wednesday, July 7

8:30-9:25	A Christian Understanding of Suffering/The Theology of the Cross Part I (Dr. Schulz)
9:35-10:25	Morning Worship/Kramer Chapel and Break
10:30-11:30	A Christian Understanding of Suffering/The Theology of the Cross Part II (Dr. Schulz)
11:30-12:15	Lunch
12:15-1:15	A Guide to Everything You Need to Know About Depression
1:15-1:30	Break
1:30-2:30	When Depression Afflicts the People We Know: Children and Adults
2:30-2:45	Afternoon Prayer

Thursday, July 8

8:30-9:25	Confidence in Making Referrals
9:35-10:25	Morning Worship/Kramer Chapel and Break
10:30-11:30	Anxiety: Detecting and Responding to the Needs of the Anxious
11:30-12:15	Lunch
12:15-1:15	Responding to Child-Sized Trauma
1:15-1:30	Break
1:30-2:30	Caring for Transgender Children
2:30-2:45	Afternoon Prayer

Friday, July 9

8:30-9:25	Threats to Healthy Servants: Burnout and Compassion Fatigue
9:35-10:25	Morning Worship/Kramer Chapel and Break
10:30-11:30	Resilience for the Christian Servant
11:30-12:15	Lunch

12:15-1:15	Putting the Best Construction on Everything (Conflict Resolution)
1:15-1:30	Break
1:30-2:30	Goals Setting/Closing
2:30-2:45	Afternoon Prayer

**Note: The daily schedule, course objectives, and course content may be revised slightly to best meet the needs of participants.*

***Please note that there are no overnight accommodations available on the CTSFW campus for this course.*

Meet the Presenters

Dr. Beverly Yahnke, Executive Director for Christian Counsel at DOXOLOGY

A portrait of Dr. Beverly K. Yahnke, a woman with short brown hair and glasses, wearing a white jacket over a black collared shirt and a gold necklace. She is smiling and standing in front of a bookshelf filled with books. The background of the entire section is black with a vertical rainbow light effect on the left side.

Dr. Beverly K. Yahnke is a licensed psychologist serving DOXOLOGY as the Executive Director for Christian Counsel. From 2010-2015, she served as the Chair and Professor of Psychology at Concordia Wisconsin. Previously, Dr. Yahnke spent over 20 years in private practice serving church workers and their families in the clinical group she founded in Milwaukee. Dr. Yahnke has written numerous articles about psychology, education and faith, and is a frequently invited speaker for clergy and educator conferences. In 2016, Concordia Theological Seminary honored her with the Doctor of Humane Letters Degree, Honoris Causa. She currently serves as an elected member of Concordia Theological Seminary's Board of Regents.

Dr. Gregory Schulz, Professor of Philosophy at Wisconsin Lutheran College, Milwaukee



Dr. Gregory Schulz is professor of philosophy at Wisconsin Lutheran College, Milwaukee. He is an ordained Lutheran pastor and holds earned doctorates in theology. He is also a senior officer in the U. S. Air Force's Civil Air patrol where he teaches and is qualified in search and rescue. He is the author of *The Problem of Suffering: A Father's Hope*. Dr. Schulz speaks as a Christian father, sharing the very personal, difficult struggle of dealing with years of pain, suffering, and questions. As he shares his struggle, he bares his soul with a jarring honesty seldom heard in the church. His message rings true to anyone who is suffering in body or spirit.

For Questions Regarding this Course

If you have questions about this course or would like additional information, please contact Deaconess Carole Terkula, Ministry Associate at The Lutheran Foundation: carole@thelutheranfoundation.org, 260-458-2115.