



## A Two-Part Training Opportunity

The Lutheran Foundation and Humanitarian Disaster Institute (HDI) at Wheaton College will offer *Spiritual First Aid Plus*, a training combining HDI's online Spiritual First Aid certificate course with a half-day follow-up session led virtually by HDI co-directors Dr. Jamie Aten and Kent Annan.

Spiritual First Aid is an evidence-informed, peer-to-peer, disaster spiritual and emotional care intervention, designed to be delivered virtually. It is the first intervention of its kind to have been built from the ground up using evidence-informed spiritual and psychological insights from years of scientific study. Spiritual First Aid is based on 15 years of HDI's faith and resilience research, conducted around the globe after disasters, mass traumas, civil conflicts, humanitarian crises, and public health emergencies. HDI spent the last four years refining and field testing Spiritual First Aid after numerous disasters across the United States, and this past spring adapted the method to specifically focus on equipping people to provide spiritual and emotional care amidst the COVID-19 pandemic.

The Spiritual First Aid training and certificate course, which will be completed by participants individually online at their own pace before April 29, 2021, is designed to help individuals offer virtual peer-to-peer spiritual and emotional support during COVID-19, disasters, and other challenging times. It is designed for lay leaders, church leaders, first responders, and anyone who would like to provide support to those who are struggling during the pandemic. Through readings, online lectures, role-play scenarios, and additional resources, this course will equip individuals to use Spiritual First Aid's easy-to-use BLESS method, which takes the "guesswork" out of providing disaster spiritual and emotional care remotely and while staying at home. This self-paced online course has 7 units and takes approximately 8-10 hours to complete.

In addition, on May 6th, 2021, HDI co-directors and co-authors of Spiritual First Aid Dr. Jamie Aten and Kent Annan, will lead participants through a half-day virtual follow-up training from 1-5 p.m. EST that will provide supplemental instruction individualized to the participants' context. During this time, they will review course material, go deeper into the principles of Spiritual First Aid, lead participants in practicing skills together, discuss application of the intervention, and provide community consultation.

**Cost: \$79** per person with TLF's special coupon code: **LUTHERANFOUNDATION20**. This fee covers both portions of the training.

## Sign-Up and Participation:

### 1. Register for the course now

Click the link below to enroll in the self-paced online Spiritual First Aid certificate course and make your online payment of \$79 directly with the Humanitarian Disaster Institute using the special coupon code mentioned below. Once you are enrolled with HDI, you will receive a follow-up email the first week of May with information about how to access the link for the virtual follow-up training on May 6, 2021 from 1:00-5:00 pm EST.

### 2. Complete the online self-paced Spiritual First Aid Certificate Course by 4/29/21

Once you have enrolled with HDI you will be able to access the course online and complete the coursework at your own pace. *Please complete this individual portion of the course before April 29, 2021.*

### 3. Participate in the virtual follow-up training on May 6, 2021 from 1-5 p.m.

During the first week in May you will receive an email with instructions for how to access the link for the virtual follow-up training.

**Click This Link to Register :** <https://spiritualfirstaid.teachable.com/>  
**(Includes both portions of the training) Using Coupon Code:**  
**LUTHERANFOUNDATION20**

**Certificates:** Participants will receive two certificates. One certificate will be awarded for the individual self-paced online coursework and an additional certificate will be provided upon completion of the follow-up virtual presentation on May 6.

## Presenters:

### **Jamie Aten, Ph.D.**

Dr. Jamie Aten is a disaster psychologist and disaster ministry expert. He is the founder and co-director of the Humanitarian Disaster Institute and Blanchard Chair of Humanitarian & Disaster Leadership at Wheaton College. His latest books include the *Disaster Ministry Handbook* and *A Walking Disaster: What Surviving Katrina and Cancer Taught Me About Faith and Resilience*. In 2016 he received the FEMA Community Preparedness Champion award at the White House.

### **Kent Annan, M.Div.**

Kent Annan is co-director of the Humanitarian Disaster Institute and Director of Humanitarian & Disaster Leadership at Wheaton College. He is author of *You Welcomed Me: Loving Refugees and Immigrants Because God First Loved Us* (2018), *Slow Kingdom Coming* (2016), *After Shock* (2011), and *Following Jesus through the Eye of the Needle* (2009). He cofounded and formerly served as codirector of Haiti Partners, a nonprofit focused on education in Haiti.