

It's a Brain Thing



When: Sept 8, 2020, 9:00AM-4:00PM,
for Mental Health Professionals, 6 CEU,
\$100 per participant

Sign up at:

www.purplepass.com/inofasbrainthing



Children and adults with Fetal Alcohol Spectrum Disorders (FASD's) struggle with many of the cognitive skills that everyday situations demand of us. When they cannot meet expectations, people in their life often believe they are intentionally defiant, oppositional, lazy, or unintelligent.

Despite recent research suggesting a 3.1-9.8% US prevalence rate of Fetal Alcohol Spectrum Disorder (FASD)*, there are virtually no supports for these children or their families. This lack of support often creates stress and challenging behaviors, and parents have little choice but to involve their child in systems where professionals who are supposed to help have little training or effective strategies.

During this training FASD behavior consultant Nate Sheets will introduce you to his framework, Cognitive Supports™, developed over a decade while working with children and adults who have FASD's and other developmental disabilities.

In this 6-hour online workshop, professionals will:

- Learn practical tips to support people with FASD's and how to individualize interactions in a way that makes sense for the strengths and struggles of the FASD brain
- Get an understanding of the difficulty people with FASD's have in tiny, "normal" moments and interactions that are easy for us
- Understand how to view their current approaches through a neuroscience-based framework, allowing us to re-interpret challenging behaviors in a way that acknowledges brain differences due to disability, trauma, or stress
- Get practical suggestions on teaching people with FASD's skills, abstract concepts, and coping strategies
- Hear advice on how to support families who are struggling with challenging behaviors or who need a lens-change regarding the reasons for their child's behaviors

Speaker:



Nate Sheets is an international FASD consultant, public speaker, and trainer based in Eugene, Oregon. He has worked in the developmental disability and foster care fields for over 10 years. He is an approved provider of Professional Behavior Services by the State of Oregon and manages the Brain Thing Support Community, an online group where he provides behavior support and FASD-centered training directly to parents (www.brainthingsupport.com)

Nate has experience in family and foster homes, as well as group home and school settings. His approach to challenging behavior is being recognized as unique, lens-changing, and practical. He has experience working with challenging behaviors, but he focuses on helping parents support the small, everyday moments which can prevent behaviors from happening in the first place.