

# Come Join

the

**Madison County  
Joining Community Forces**

## **Resilience / Mental Wellness Virtual Workshop**

### **On April 30th**

### **1:00—3:00 PM**

We have two outstanding presenters:

Cezanne Elias a Clinical Assistant Professor at Purdue University and Jo Anna Ray Bement, CSW,LCSW, a clinical Social Worker specialist in Indianapolis to share lessons learned from the challenges of military families faced from the pandemic (Families Tackling Tough Times research results) as well as resilience skills needed when suffering from cabin fever.

**[Click Here to Join](#)**

**Or call in (audio only) 1-571-388-3904, 777573596#**



Please RSVP or for any questions Contact Alan Janney at [ajanney@dwd.in.gov](mailto:ajanney@dwd.in.gov)