

CARE FOR YOUR

FUTURE

LOOK *up*[®]

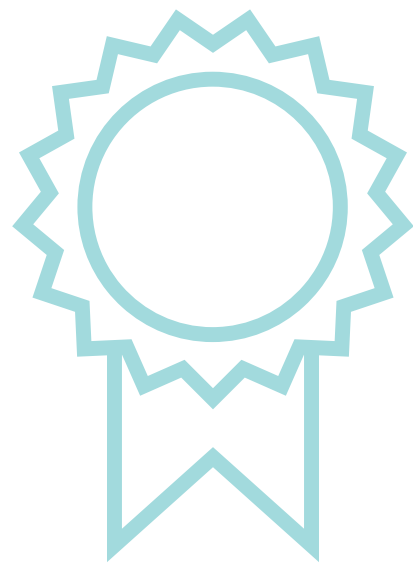


Set yourself up to make your dreams a reality by working hard today.

REALIZE THE IMPORTANCE OF NOW

BE TRUE TO YOURSELF

Your future doesn't need to look the same as everyone else's. Find what works for you and resist the urge to compare yourself to others.



SET GOALS

Come up with reasonable, short and long-term goals. Have ways to measure your progress.



If you don't know what you want to do for the rest of your life, start by asking yourself, "What am I good at?" or "What do I enjoy?"

DON'T PANIC



ALLOW YOURSELF TO CHANGE

Re-evaluate your plans at times. If you still want to pursue those goals, then see if you're on track. But if you've changed your mind, adjust accordingly.

